

# Emerging Diseases

Biosciences in the 21<sup>st</sup> Century

Dr. Amber Rice

October 25, 2019

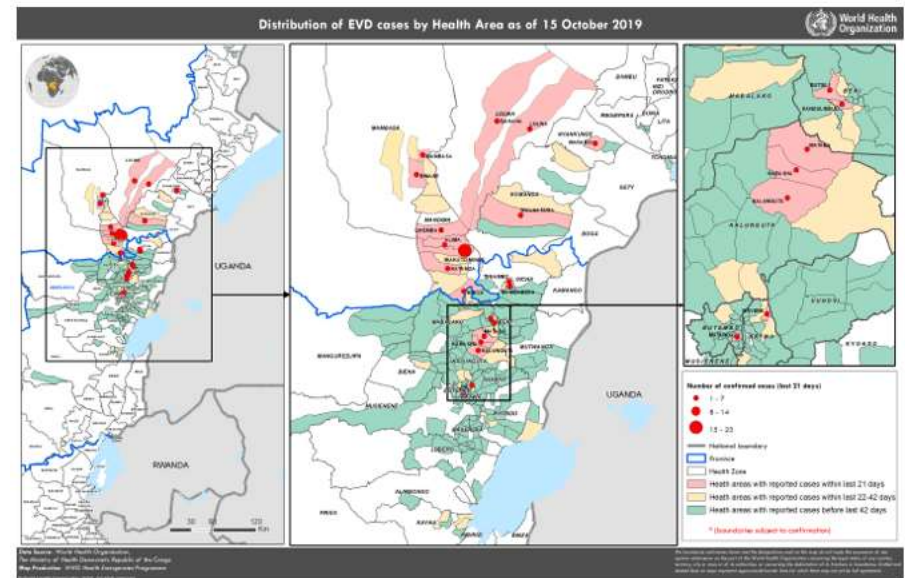
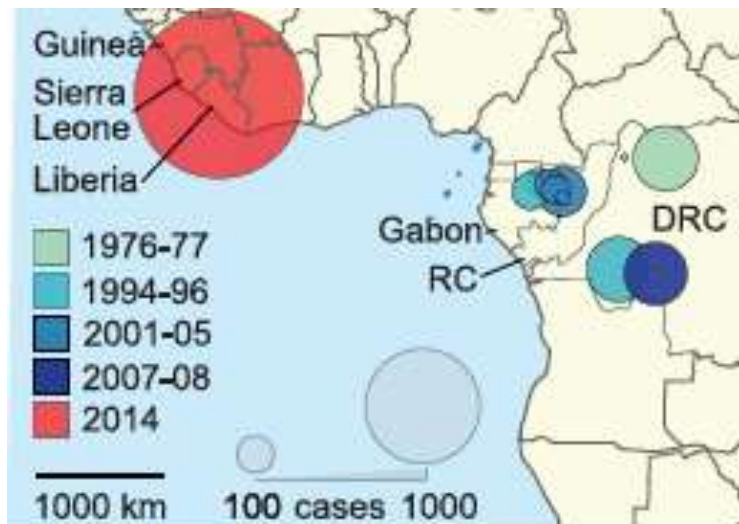
# Outline

- Disease emergence: a case study
- How do pathogens shift hosts?
- Evolution within hosts: The evolution of virulence
- Treatments: the evolution of drug resistance

# Disease emergence: a case study

## Ebola Virus

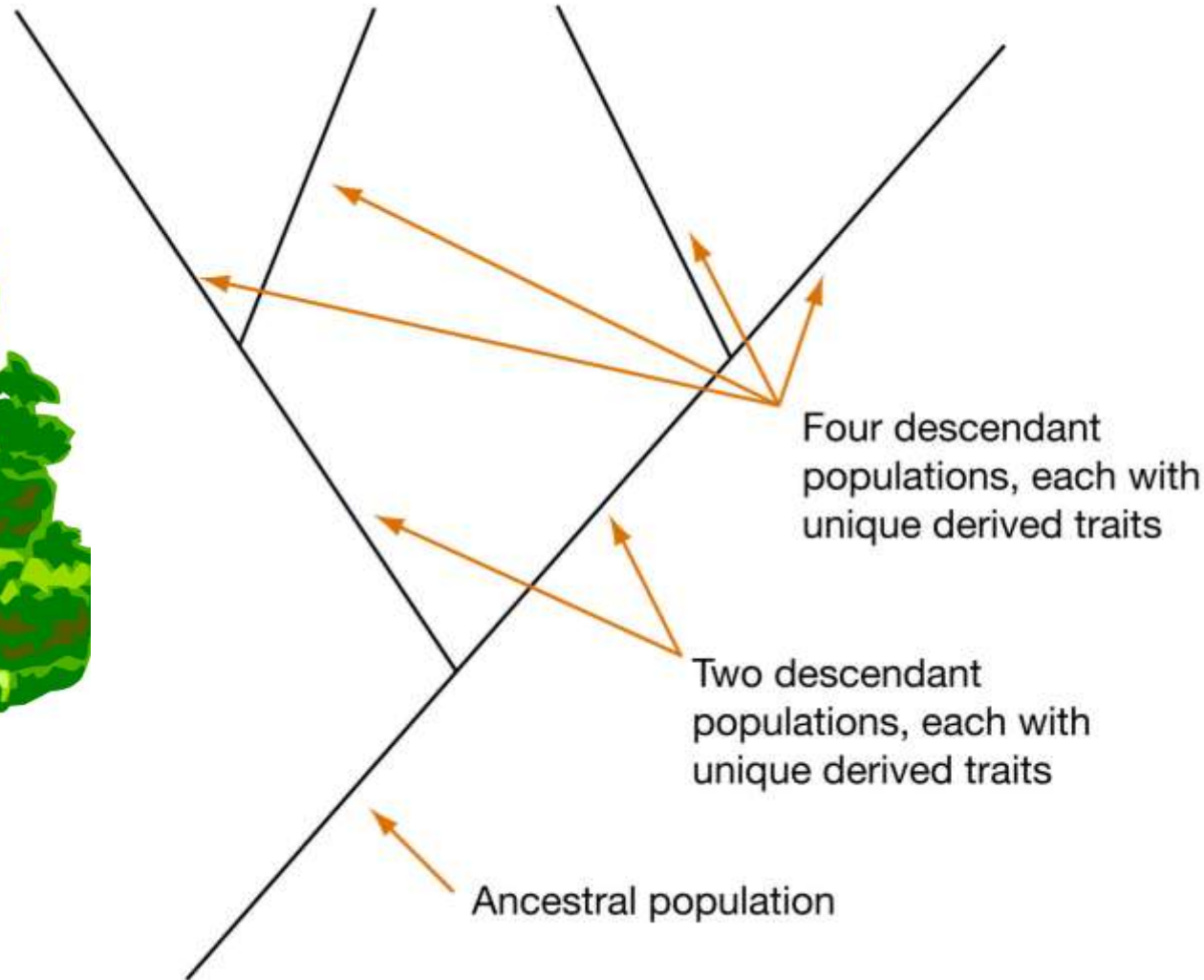
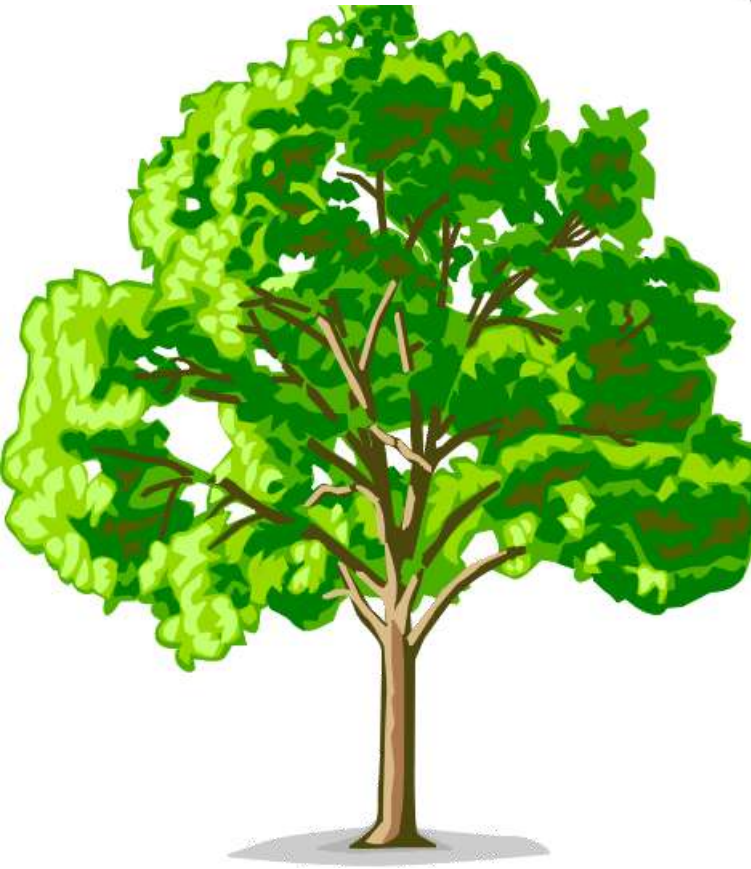
- First identified in Zaire, 1976
- Outbreaks in mid-90s, early 2000s, mid 2000s, **2014-2016 (West Africa), 2018-2019 (DRC)**
- Average 50% fatality rate



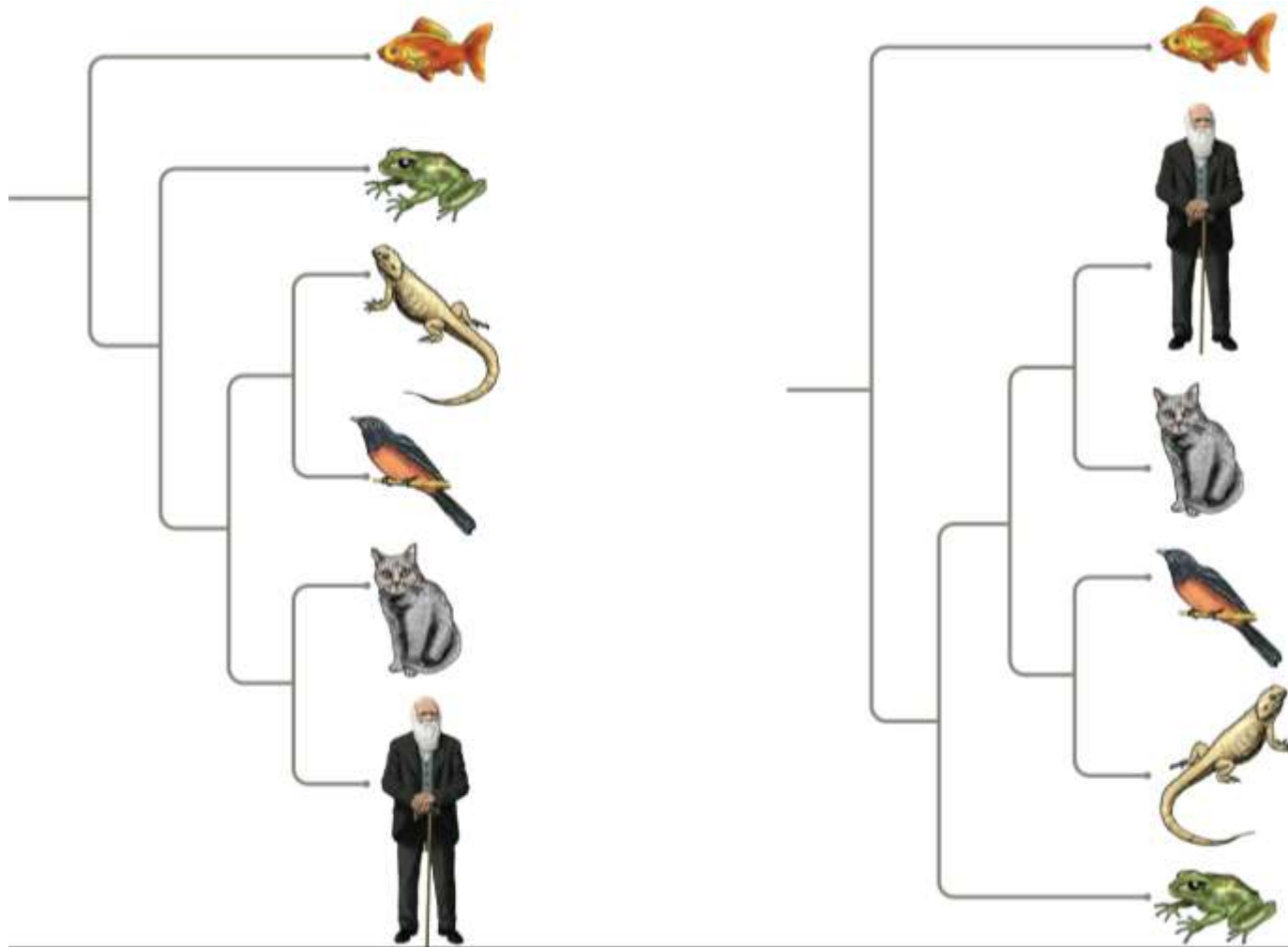
# Outline

- Disease emergence: a case study
- How do pathogens shift hosts?
- Evolution within hosts: The evolution of virulence
- Treatments: the evolution of drug resistance

# Reading a phylogenetic tree

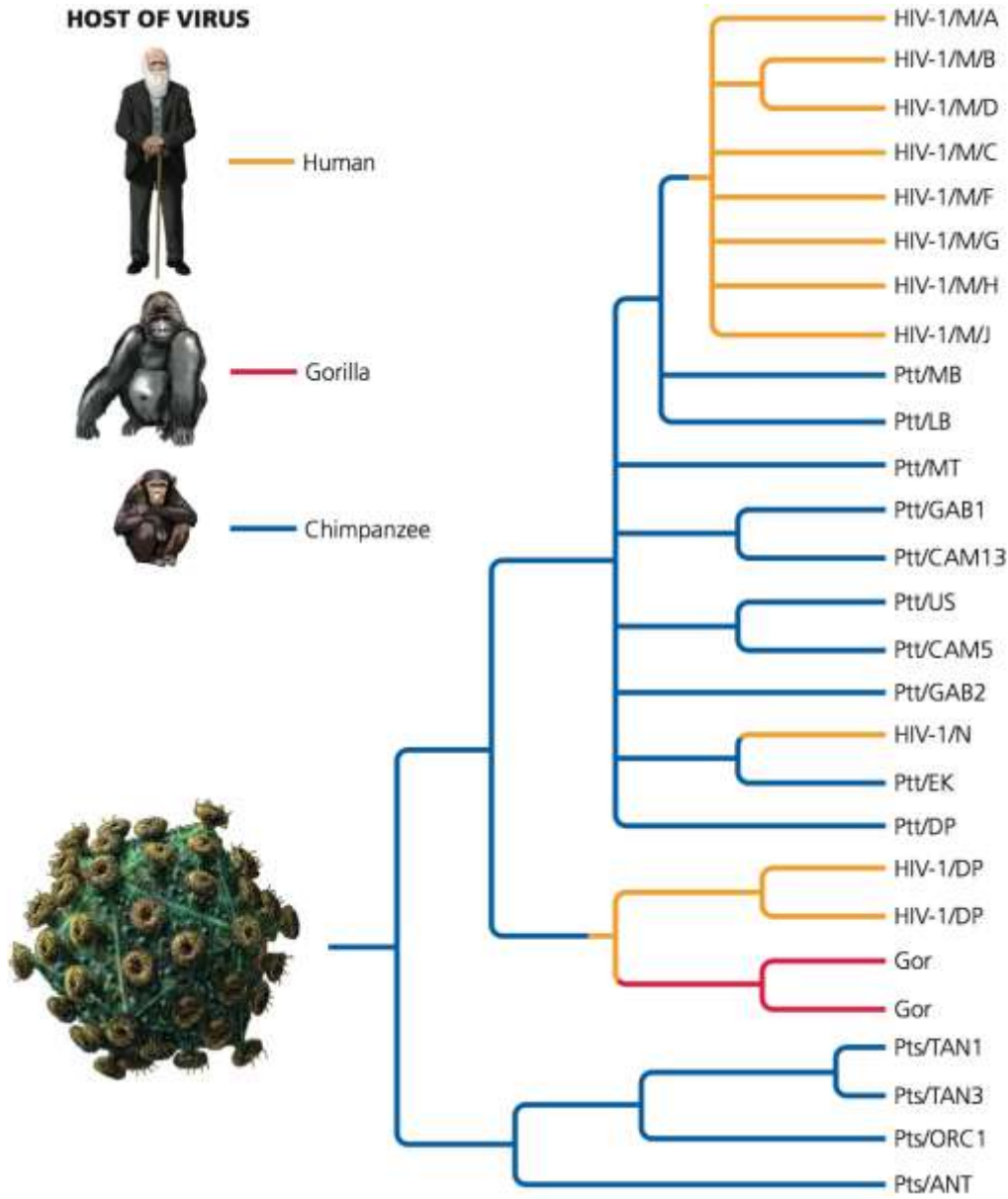


# No currently existing species is ancestral to any other



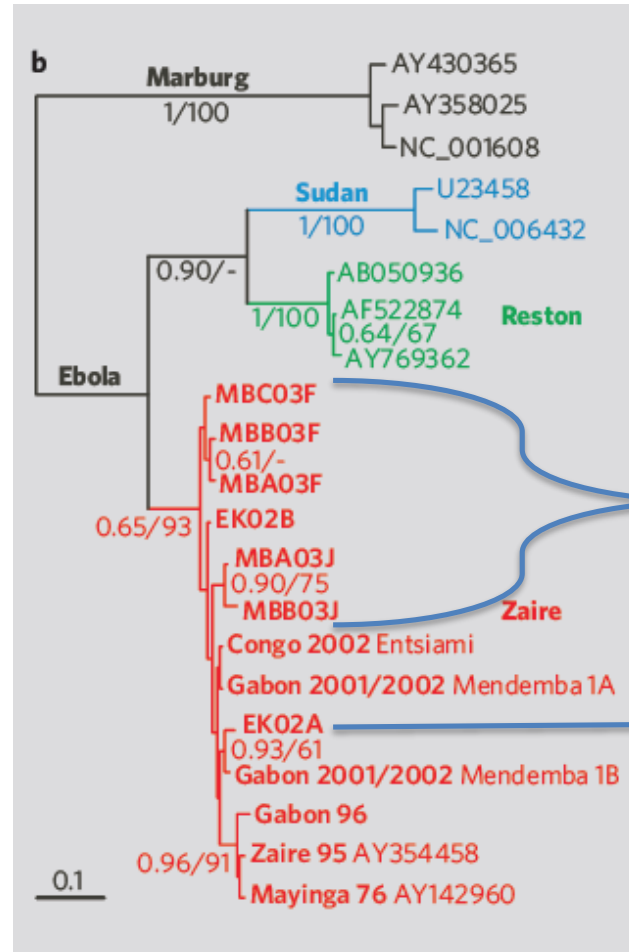
There is no linear ancestor-descendent relationship! Humans did not evolve from cats or fish!

# Phylogeny of HIV



Three separate introductions from chimpanzees

# Back to our case study: Ebola's natural reservoir



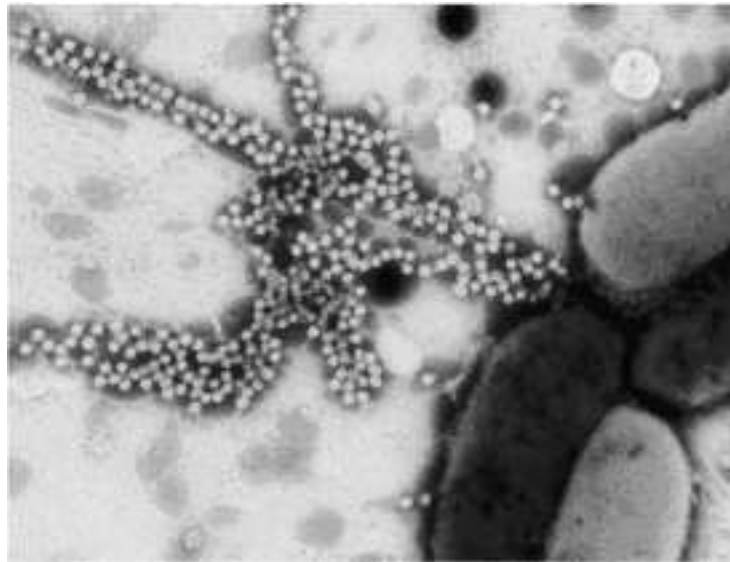
Ebola isolates from fruit bats

Ebola isolate from fruit bats



# Shifting to another host species

- phi 6: virus that infects bacteria (bacteriophage)
- phi 6 only infects *Pseudomonas syringae*



# Shifting to another host species

- Could phi 6 switch hosts?
- Plated on 14 different *Pseudomonas* species
- A few viruses infected and survived
- All had mutation in protein for attaching to host



# Shifting to another host species

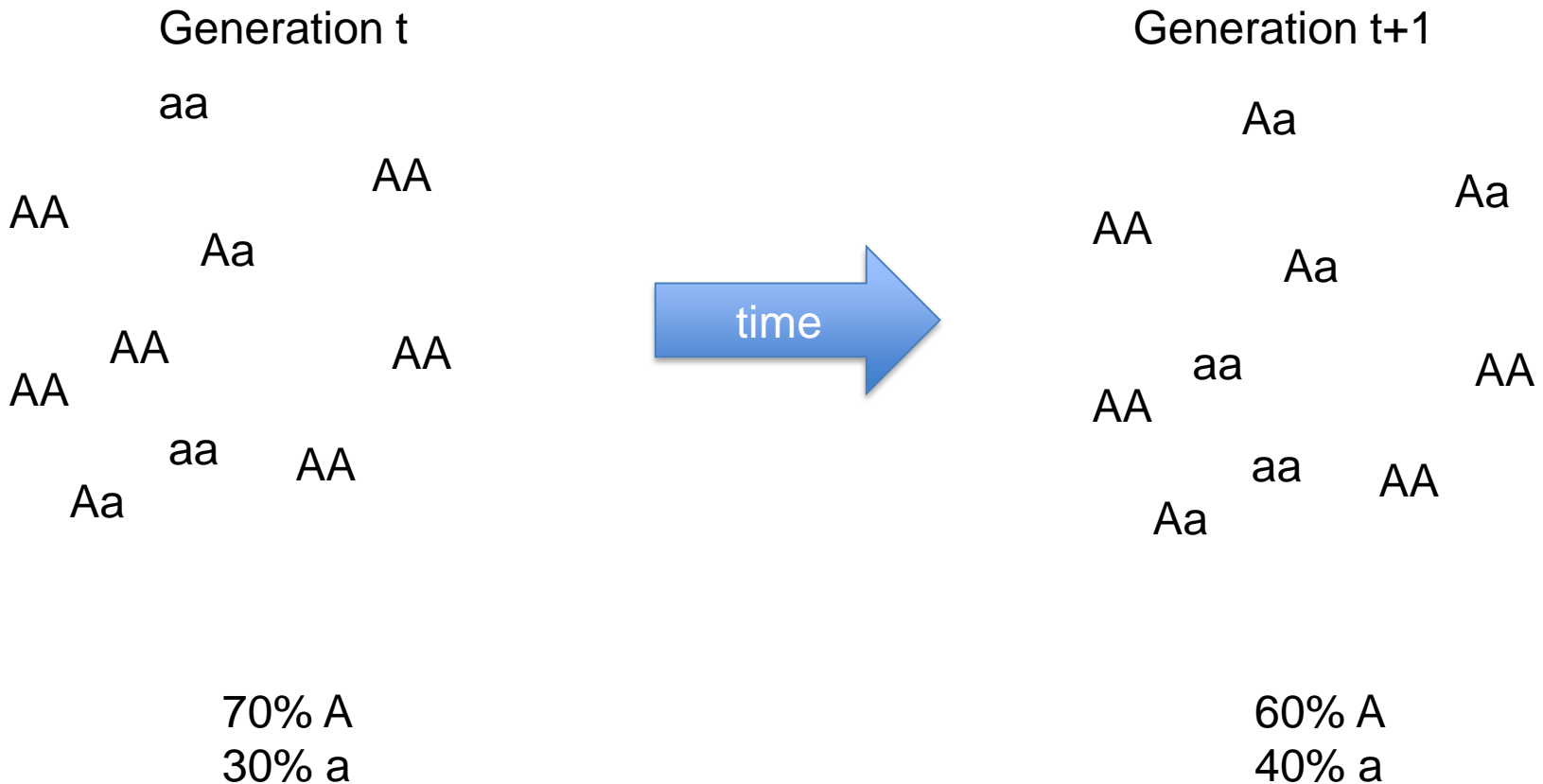
- Once in a new host, must adapt quickly
- Slow growth can lead to extinction

# Outline

- Disease emergence: a case study
- How do pathogens shift hosts?
- Evolution within hosts: The evolution of virulence
- Treatments: the evolution of drug resistance

# What is evolution?

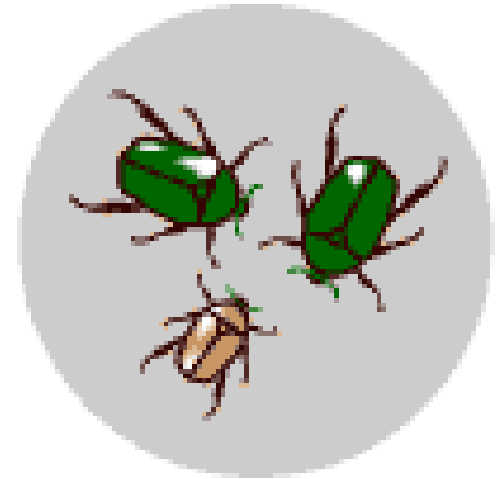
**Evolution** is a change in a population's allele frequencies over time.



# Mechanisms of evolution: sources of variation

Mutation: a change in DNA sequence, gene order, or chromosome number

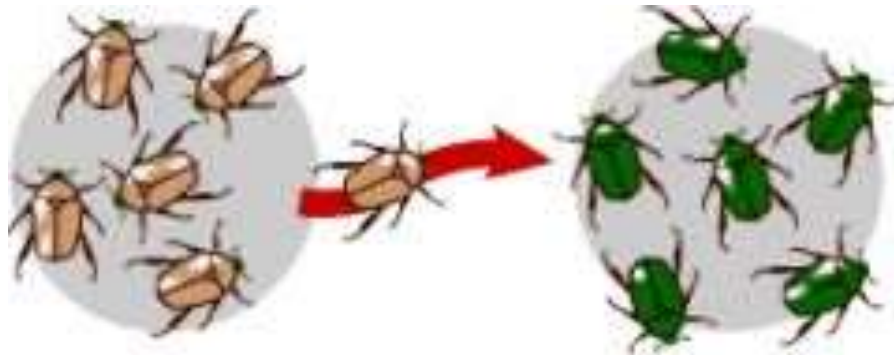
- Random
- Increases genetic variation within populations
- Types of mutations:
  - Point mutations
  - Insertions
  - Deletions
  - Gene duplications
  - Chromosomal inversions
  - Polyploidy



# Mechanisms of evolution: sources of variation

Gene flow (or migration): movement of genes between populations

- Increases genetic variation within populations
- Makes populations more similar to each other



# Mechanisms of evolution

Natural selection: differential reproductive success

- Non-random
- Not forward-looking, can only work with existing variation
- Only adaptive mechanism of evolution

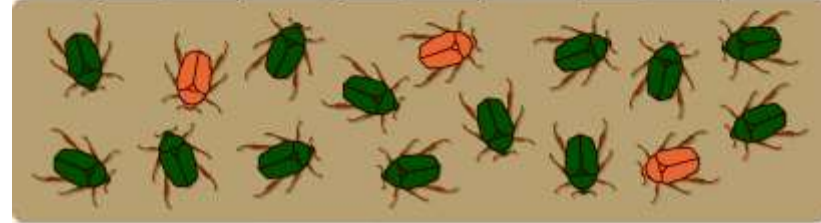




# Evolution by natural selection

## Ingredients needed for evolution by natural selection

- Variation in traits
- Inheritance
- Differential reproduction (natural selection)



End result: Traits that increase reproductive success increase in frequency in a population.

# Evolution within the host species

- Once in a new host, must adapt quickly
- Slow growth can lead to extinction
- Host switching leads to strong selection:
  - Infection
  - Evade immune system and replicate
- **What factors allow pathogens to evolve quickly?**

# Evolution of virulence: a trade-off

Selection **within host** favors rapid replication (increased virulence).



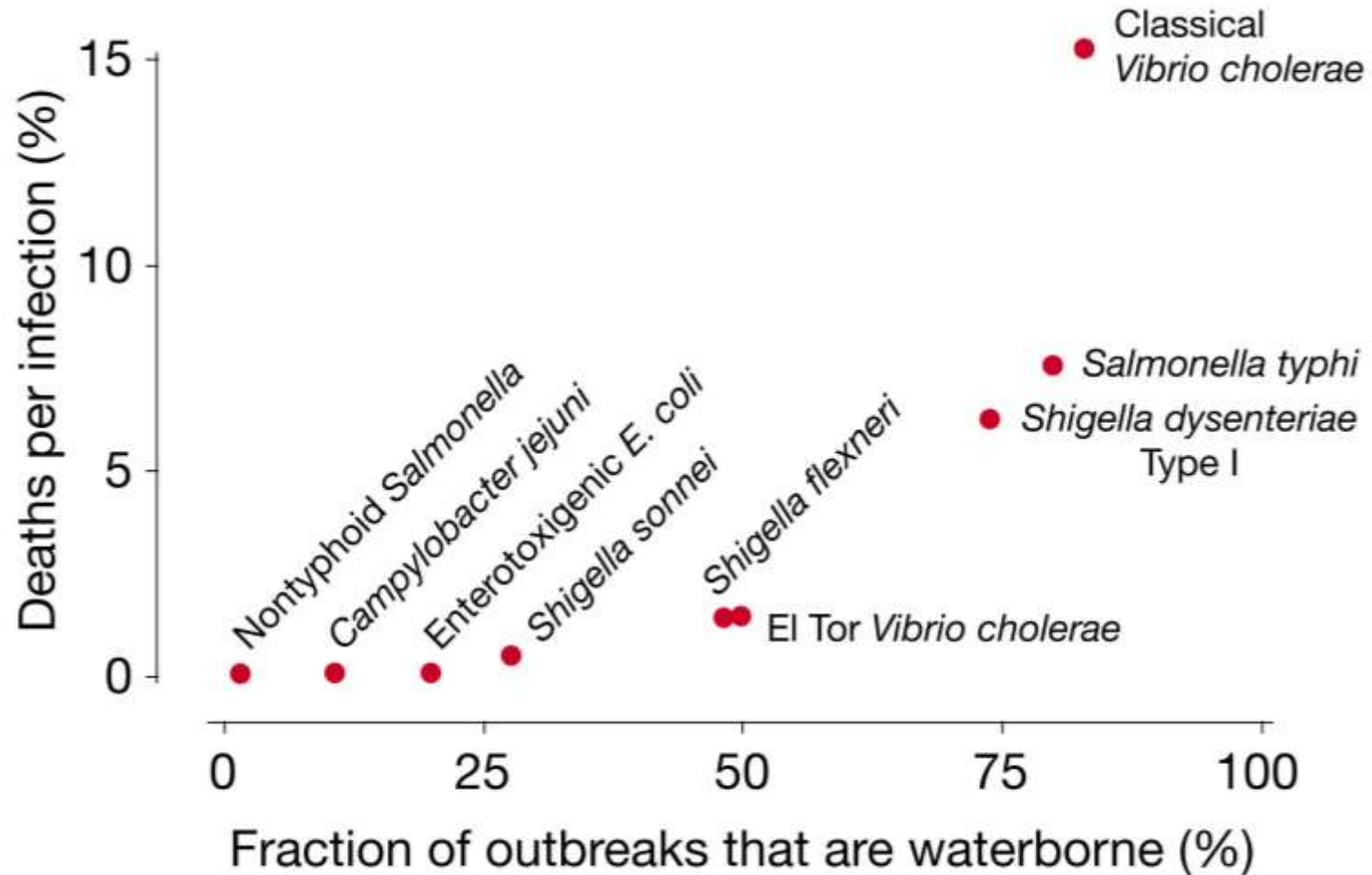
Selection **across hosts** favors reduced virulence.

# Mode of transmission affects virulence

Direct transmission, vectorborne, waterborne



# Mode of transmission affects virulence



# Evolution of virulence: implications for public health

Select for lower virulence by interfering with transmission

- Improve hygiene
- Wear masks
- Provide clean water
- Widespread vaccination

Selection **within host** favors rapid replication (increased virulence).



Selection **across hosts** favors reduced virulence.



# Outline

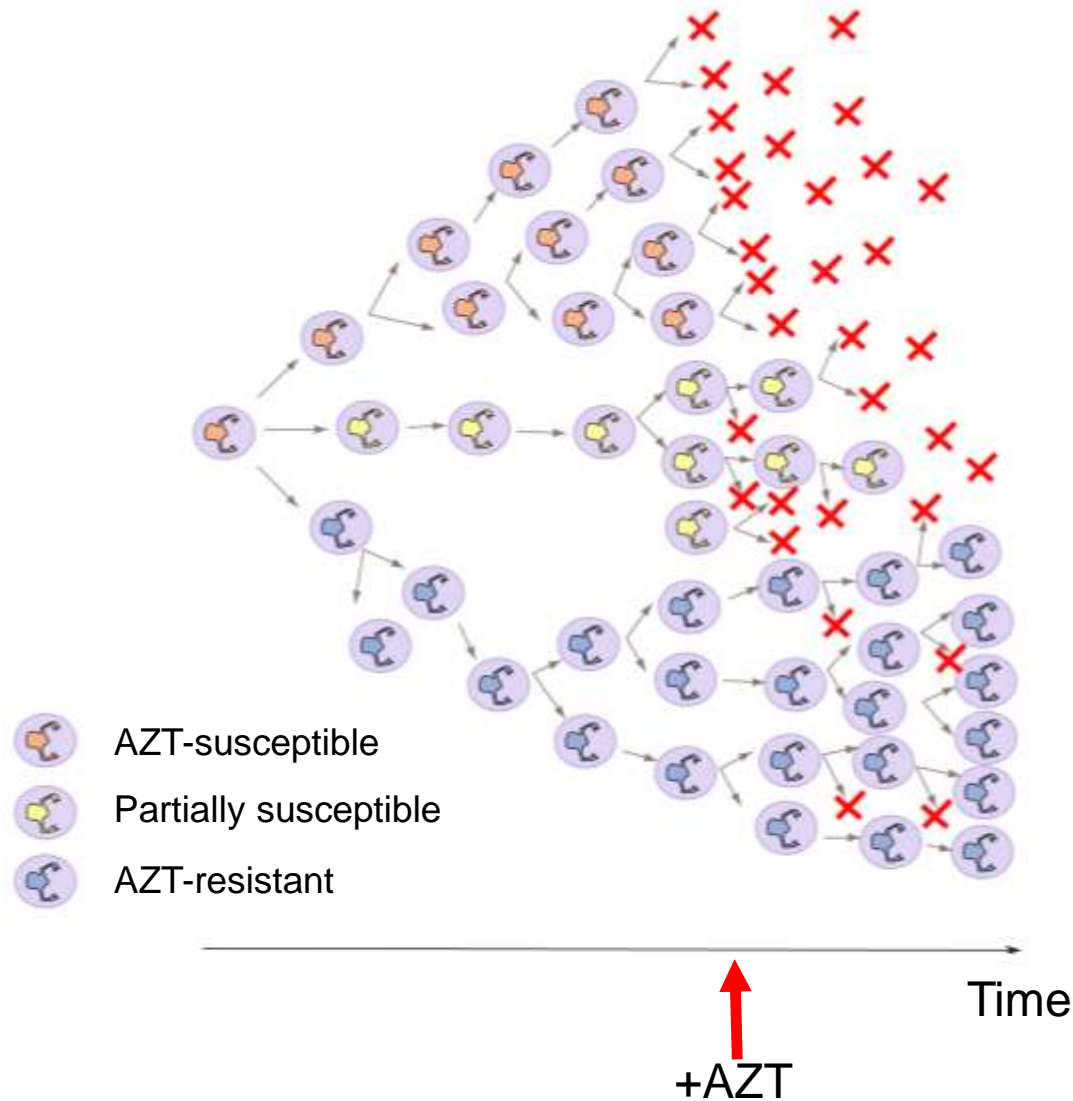
- Disease emergence: a case study
- How do pathogens shift hosts?
- Evolution within hosts: The evolution of virulence
- Treatments: the evolution of drug resistance

# Evolution within the host species

- Once in a new host, must adapt quickly
- Slow growth can lead to extinction
- Host switching leads to strong selection:
  - Infection
  - Evade immune system and replicate
- **What's another source of strong selection?**



# The evolution of drug resistance by natural selection



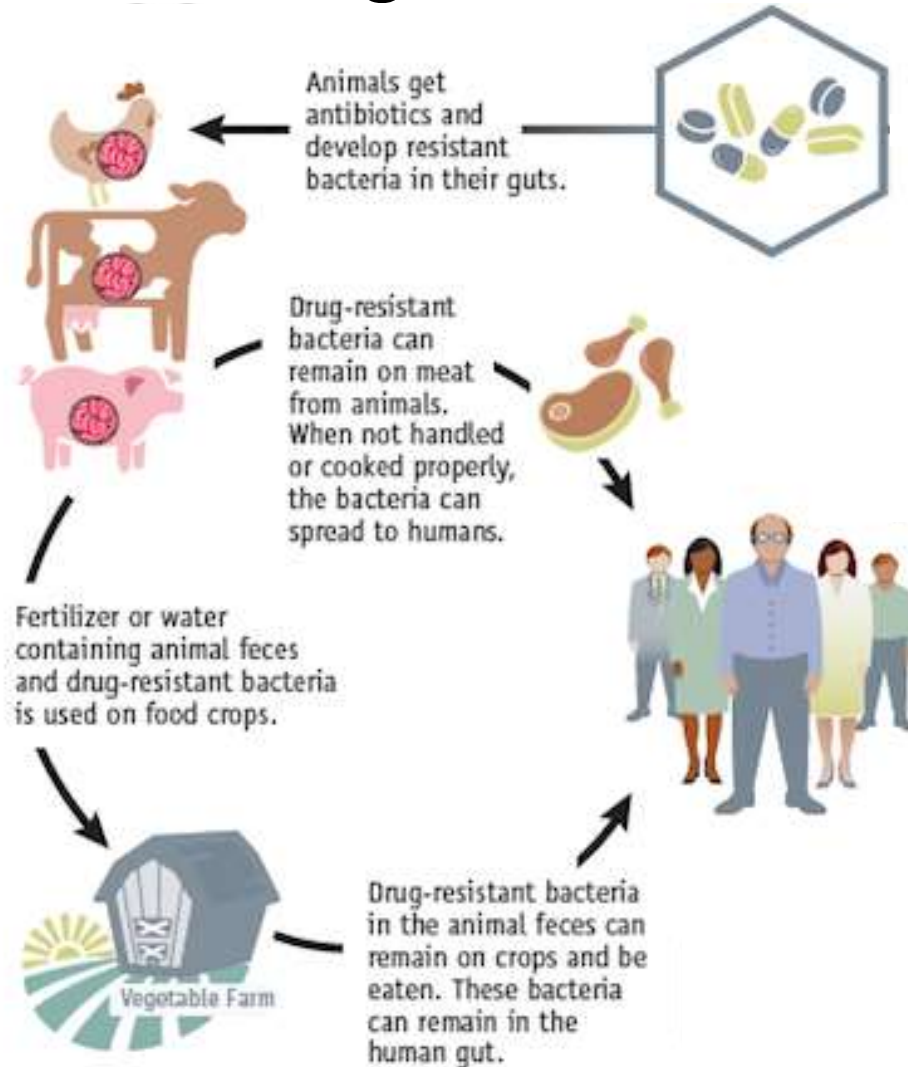
# The evolution of antibiotic resistance before your eyes

- <https://youtu.be/pIVk4NVIUh8>
- 11 day time-lapse video

# Avoiding more widespread resistance

1. Avoid contracting infections
2. Minimize transmission of resistant microbes
3. Improve use of antimicrobial drugs
  - Take only when appropriate (i.e., don't take an antibiotic for the flu!)
  - Use antibacterial soaps/cleaners ONLY around people with weakened immune systems
  - Avoid broad-spectrum antibiotics if possible.
  - Take ALL of the medication
  - Reduce agricultural use of antibiotics

# Why can reducing inappropriate use of antimicrobial drugs combat resistance?



- Resistant bacteria escape livestock, spread to humans

# Current research aims

- Can we predict which pathogens are more likely to shift to humans?
- What makes some strains so much more deadly than others?
- How can we develop effective new vaccines and drugs?
- What is the mechanism of resistance?
- How can we develop better and faster diagnostic tools?